

# Words That Shape Vision

*A quiet mom*



***Take a moment to slow down, focus your mind, and prepare for what's next.***

# Before You Begin

This activity was created to give you a mental pause.

A moment to slow down and refocus before making your next decision.

The words in this puzzle are intentionally chosen.

As you search for them, allow yourself to reflect on what they mean for you right now.

There is no right way to complete this.

Take your time.

Let your thoughts wander.

Notice what words stand out.

Take note of it.

Sit with that word.

**Reflect On It, Walk In It, and Bring It To Life!**

## Word Search: Words That Shape Vision

*Notice which words catch your attention first and which ones take a little longer to find.*

C L A R I T Y I H O S M C  
O F O C U S R E D L T R P  
N V I S I O N D F E R L B  
F P P U R P O S E U A A U  
I G R O W T H C D N T C S  
D I R E C T I O N Z E H I  
E O N C R E A T E G G I N  
N H C D F B U I L D Y E E  
C E M P O W E R E A D V S  
E R E A D Y O W N E R E S

Confidence  
Build  
Achieve

Purpose  
Business  
Clarity

Growth  
Strategy  
Focus

Idea  
Plan  
Ready

Vision  
Empowered  
Direction

Create  
Owner

# A Moment of Reflection

Once you've completed the puzzle, take a moment to reflect.

Complete these questions below.

Take time to let your answers resonate and find the purpose in the word. Lastly, read the questions out loud and repeat the exercise 7 times (It may seem like overkill but it is worth it):

- Which word stood out to you the most?
- Why do you think that word matters to you right now?
- What does your next step *feel* like — not what it looks like?

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*When you feel ready, carry that word with you as you consider what comes next.*